



**National Gay and Lesbian Human Rights Commission (NGLHRC)**  
**Arboretum drive, Mpulla House no. 4**  
**P.O BOX 52695-00100**  
**Tel: 0204400525**

**BECAUSE WOMXN UZIMA WELLNESS CAMP - THIRD EDITION (WITHIN A PANDEMIC)**

**THE BECAUSE WOMXN 'UZIMA' WELLNESS CAMP**

Uzima is the Swahili word for life. The word also translates to completeness, vigor, vitality, health, maturity and wholeness. Uzima camp embodies just that, a holistic space for the navigation of queer women's life in Kenya. It is carefully curated as a space of community, conversation, exploration, collective design and rest. It seeks to respond to ever increasing reports of violence targeting LBQ women, dwindling opportunities and resources for LBQ community organizing exacerbated by the COVID19 pandemic, and leverages our community's gifts to enhance capacities, advocate for community care and grow LBQ feminist leadership.

The specific objectives of the camp are

1. To grow capacities of LBQ womxn / non-binary persons, guided by feminist principles and enhance service delivery to their communities
2. Increase the knowledge and share practices for wellness by participants especially in the context of the upheavals of the COVID19 pandemic.
3. Elevate LBQ non-binary and feminist leadership within the movement organizing
4. Build a network of like-minded individuals working towards building a safer and more equitable community for LBQ trans\*diverse / non-binary persons.



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### **Uzima Cohort 3**

This year's Uzima Camp will be held on dates September 22, 2021 to September 26, 2021 in Kajiado County.

Due to the COVID guidelines around gathering, we shall limit this cohort to 12 participants. All participants shall be required to undergo COVID testing pre-travel and adhere to strict measures to prevent the spread of the virus and ensure the safety of all involved.

### **Learning and Facilitation.**

The camp will be a fully immersive and participatory space that builds on learning through sharing. We believe in the extraordinary resources that the participants possess and rely on this for learning in camp. All participants will play a role in facilitation, moderation, organizing and documenting in the camp based off their gifts and experience.

### **Application procedure**

Please follow the link below to apply for Because Womxn Uzima Camp. Applications for Because Womxn Uzima Wellness Camp will close on September 7, 2021 at 2359hrs.

**Please follow the link to apply;**

[https://docs.google.com/forms/d/1C\\_rUGp3N3kDsE6h\\_fs8i803aCq-sjqMNeSMVjYCqo-I/edit](https://docs.google.com/forms/d/1C_rUGp3N3kDsE6h_fs8i803aCq-sjqMNeSMVjYCqo-I/edit)